



# JIU JITSU CAMP



**JULY 8-12, 2024**  
**JULY 15-19, 2024**  
**9 am to 12pm**



**LEARN BASIC JIU JITSU TECHNIQUES  
TO INCLUDE:**

**OPEN GUARD      HALF GUARD**  
**CLOSED GUARD      MOUNT**  
**SIDE CONTROL      BACK CONTROL**

**Regular  
Price  
\$200**

**Ages 10\* & up \*10-11 with Instructor Permission**

**FOR CURRENT STUDENTS ONLY**

**ONLY 20 SPOTS AVAILABLE**

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