

KARATE WORKS ARCHERY WORKS



JULY 2015 TIGER TALK

Welcome to our
Karate Works Family!

June Sign-ups!!

Olivia Dominy	June 1
Miguel Nixon	June 10
Maria Nixon	June 10
Jaxon Morris	June 10
Tucker Holzheuser	June 10
Audrey Obana	June 15
Isabella Orlando	June 15
Luke Darnell	June 16
Marisa Mendoza	June 16
Yolanda Mendoza	June 16
Bridgett Wright	June 17
Owen Campbell	June 17
Trinity Holcomb	June 18
Zachary Almas	June 22
Adam Pierce	June 22
Saunders Forrest	June 22
Isabella Almas	June 24
Mason Horton	June 25
Rinoa Ussery	June 30



STUDENT OF THE MONTH

GRIFFIN WHITE



CONGRATULATIONS to our July Student of the month, Griffin White! Griffin has been an amazing volunteer for our first Archery Summer Camp and has shown great willingness to step in and lend a hand wherever he can!

WAY TO GO GRIFFIN!!!

Visit us on the web at:
www.karateworks.org

You can also reach
us by email at:
karateworks1@gmail.com

New Classes Beginning in July!

Karate Works has made some exciting changes to our class schedule! After looking at the needs of our current and new students alike, we are proud to announce these new classes beginning in July:

Intro Class

Mondays at 6:00pm & Thursdays at 4:00pm

This class is for all individuals that want to try us out before jumping into the regular class. We will go over all the fundamentals of Martial Arts and the basic information to prepare them for a White Belt Class.

Combined Green & Blue Belts

Mondays at 6:00pm & Thursdays at 5:00pm

Current Green & Green/Black Belts will now have a chance to spar with higher ranked Blue & Blue/Black Belts. The Blue & Blue/Black Belts can show what they know and help mentor their classmates. There are still the separate classes so you will learn what you need to rank up!

Black Belt Class

Mondays at 7:00pm & Thursdays at 7:00pm

All Black Belts will now have a class dedicated to keep up their training towards 2nd Dan or higher! The Red & Red/Black Belt Class is also at the same time so there will be opportunities to spar with a more diverse group. We know there has been a great demand for this class and we are so very excited to be able to accommodate our loyal students!

Even with all the above classes added or combined..... The best part is only **ONE** class time was changed! Thursday's Green & Green/Black class moved from 4:00 to 5:00.

For a copy of the current Class Schedule, you can pick one up at the front desk or you can visit our website and go to the "Printable Class Schedule" tab on the left hand side.



What does it mean to be a black-belt?

-by Brandon Graeber

"A Black Belt is a White Belt that never gave up."
-Sabumnim

A black belt is sharp. They display all the tenants of a martial artist. They show integrity, modesty, self-control, and courtesy everyday. They are prepared to defend themselves or others if a situation ever arises.

Being in martial arts has changed me. Before being in Taekwondo, I was scared that a bully would make me his next target. Now that I know martial arts, I am no longer scared if a bully caught me in their sights. I am confident in my ability to defend myself if I couldn't talk my way out of a fight. I used to be meaner to other kids. I would tease and pick on my little brothers in a mean way. After studying the tenants of a martial artist, I know what I did was wrong, and now I strive to be kinder to my little brothers.

To have a black belt would signify an end to a long journey I started many years ago. I have been in Taekwondo for six years. When I get my black belt, I will be at the end of the journey that I started when I was a white belt. When I get my black belt, a new journey and a new life will begin. I will be challenged with the responsibility and privilege of training potential black belts on the techniques I have learned. With a black belt, I would be able to teach a class rather than just helping out. It is now and will continue to be my duty to model the tenants I have learned.

The test for a black belt is the most vigorous. It will test your techniques as well as your endurance. When I pass the black belt test, I will know that I have very effective technique. Passing the test will also tell me that my cardio and endurance are high. This would be a good thing to know if I was in a fight with a gang and had to fight against multiple people without a break. I would be able to last several fights without getting winded.

Becoming a black belt will be a great achievement. Being a black belt will look good on college applications and even job applications. It will show them that I am willing to put in the time and effort it takes to fulfill a commitment. It has been an honor studying at the Karate Works Studio. I have learned many things from both the instructors and the other students. I look forward to bringing these life lessons out into the world with me and I will hopefully be an inspiration to others.

CONGRATS BRANDON
We are so proud of you!!!!

LETTING OTHERS KNOW WHAT YOU THINK

Word of mouth is a powerful thing. Our success is directly related to what people are saying about how we do our job. We truly appreciate all of the kind words and praises that all of our students and parents relay to the Karate Works team on a regular basis. Your voice is our largest asset and we would like to give back! We are getting ready to announce a Private Lesson/Karate Kash giveaway in the next couple of weeks that will let you know how you can help us spread the word and we need all of you to like our Facebook page at www.facebook.com/karateworks to get the scoop!

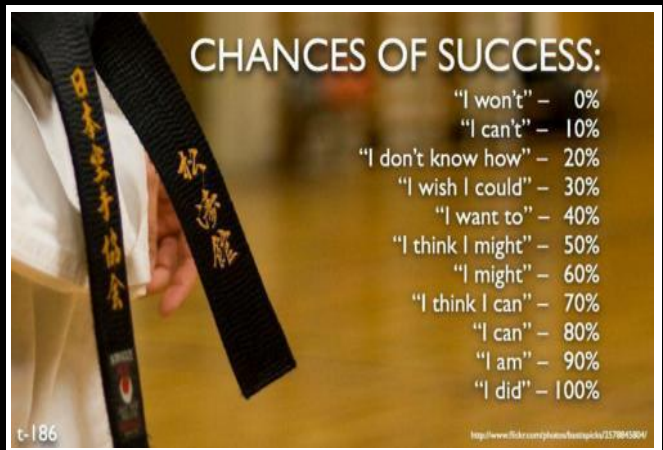
facebook



Last month's Skate Party was a HUGE success!! We would like to thank everyone that came out and showed what a wonderful Karate Works family we have! We are looking forward to many more get-togethers and would love to hear suggestions for upcoming events.

"Pain is the best instructor,
but no one wants to go to
his class."

- Choi, Hong Hi, Founder
of Taekwon-Do



Morton R.	July 1st
Grant W.	July 2nd
Raven W.	July 3rd
Ryan L.	July 4th
William W.	July 4th
Miguel N.	July 7th
Marisa M.	July 10th
Simon E.	July 11th
Katie S.	July 12th
A.J G.	July 15th
Fayeth R.	July 15th
Tyler M.	July 16th
Collin M.	July 18th
Wyatt R.	July 18th
Jaeden C.	July 19th
Spencer S.	July 22nd
Bruce R.	July 23rd
Jack G.	July 23rd
Jacob H.	July 25th
Toni P.	July 28th
Adam H.	July 31st



Connect the Answers Game: RESPECT

Martial artists show respect at the dojo, and also in everyday life. Draw lines from the numbered people and things on the left, to the corresponding letters on the right. Some of the answers might work for more than one thing, but see if you can find a way to connect each one to a single best answer.

If you respect:

1. your mom and dad
2. your teachers
3. your neighbor's dogs
4. wild animals
5. your toys
6. your clothes
7. your uniform
8. other people's belongings
9. your elders
10. other kids
11. yourself
12. tools and equipment
13. the environment

Then you'll:

- a. only use them as they are meant to be used
- b. never touch them without asking permission
- c. listen to them in class
- d. always use good manners with them
- e. keep your distance from them
- f. always do your best at whatever you do
- g. never be mean to them or call them names
- h. obey them when they say "clean your room"
- i. never break them on purpose
- j. never wear it to play, only to class
- k. care for plants and animals, and never litter
- l. never tease them from behind the fence
- m. fold or hang and put them away neatly

Can you think of other examples—ways to show respect for people and things? Write them down!

"Success is never final. Failure is never fatal. It is courage that counts."

-Winston Churchill

KARATE WORKS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
JULY 2015			1 Spear Dodging PATRIOTIC T-SHIRT	2 	3  INDEPENDENCE DAY	4
5	6 	7	8	9 	10	11
12 	13 ASSESSMENTS All Week ARCHERY	14	15  Ice Cream Social SUMMER CAMP	16	17 MENTOR NIGHT 4:00PM	18 
19	20	21	22	23  LOWER BELT TESTINGS 5:00 PM	24  UPPER BELT & BLACK BELT TESTINGS 5:00 PM	25
26 	27 Ninja	28 Warrior	29 	30 Summer	31 Camp	