# KARATE WORKS ARCHERY WORKS



# MARCH 2016 TIGER TALK

# Welcome to our Karate Works Family!



#### February Sign-ups!!

WE HAD A





Joshua Thom	2/1	Reagan James	2/16
Clark Happ	2/1	Logan Defranco	2/16
Sam Joiner	2/1	Colby Cavazos	2/17
Jeff Kline	2/1	Rhys Jones	2/17
Erik Luckstead	2/1	Blake Tyrone	2/17
Wilson Odom	2/1	John Austin	2/17
Dane Sutter	2/2	Shriya Menon	2/22
Michael Sutter	2/2	Hayden Payne	2/22
Caleb Buell	2/2	Austin Shuman	2/25
John Todora	2/8	Brayden Dusza	2/25
Lily Happ	2/8	Rebekah Klutz	2/25
Jaxon Moore	2/9	Rayah Klutz	2/25
Cooper Seltzer	2/10	Magnus Klutz	2/25
Olivia Brignac	2/11	Jeff Pennington	2/25
Neil Brignac	2/11	Jeffrey Pennington	2/25
Anthony Bocks	2/11	Logan Luckstead	2/25
Evan Mahan	2/15	Yair Galaganov	2/29
Wesley Clarke	2/15	Connor Poehlman-Kaufman	2/29
Easton Sapp	2/15	Owen Poehiman-Kaufman	2/29
Everett Sapp	2/15	Natalia Beveridge	2/29
Kamden Agan	2/16		

# STRANGES R

Stranger danger, are the buzz words commonly used to refer to the important topic of teaching children about the inherent dangers they may face as they venture out into the world. Unfortunately the world is a scary place and there are people out there who prey on children.

No doubt, it is a very important issue that all parents must address – and one that requires ongoing, open communication with their children. The single most important thing to remember when teaching your children about stranger danger is to instill confidence, rather than fear.

You want to equip your child with the knowledge and strategies they will need to protect themselves in dangerous situations. Also, keep your child's age and maturity level in mind and base lessons upon that. Again, stranger danger lessons should be ongoing – adapt the conversation as your child grows as he/she is likely to encounter different types of situations.

#### Who are "strangers"?

First and foremost, children need to understand what you mean by stranger. Not all people unknown to them are necessarily dangerous – they need to understand the difference between "good" and "bad" strangers; an overly simplistic dichotomy, but one that puts the issue in terms a child can understand.

This is important so children understand where and to whom to turn if they are ever lost or feel scared, threatened, or if they think someone may be following them. Examples of "good" strangers may include police officers, security guards, teachers, store clerks, etc. These are all examples of people to turn to if when your child needs help.

On the other hand, in many situations where your child may be approached by a "bad" stranger – the park, residential street, etc – those easily identifiable people may not be around. Your child should know that there really are many more "good" people, than "bad."

If they are approached by a "bad" stranger who tries to lure or physically pull them away, the best thing they can do is get the attention of other adults - whether that is by running to the nearest home, or making enough noise to be heard by someone, the vast majority of adults will help a child in danger.

Continued on page 2

# STUDENT OF THE MONTH

## AIDEN PAKOS

#### CONGRATULATIONS

to our Student of the month, Aiden Ramos! Aiden has been a tremendous helper during our homeschool classes on Fridays as well as assisting during the week! He has a great smile and willing attitude that makes him a fantastic asset to our school.



way to go aiden!!! You rock!!

Visit us on the web at:

www.karateworks.org

You can also reach
us by email at:

karateworks1@gmail.com

PLEASE MAKE SURE WE HAVE YOUR
CURRENT EMAIL AND PHONE NUMBERS
ON FILE - FILL OUT THE FORM AT THE
FRONT DESK TODAY!!!



We would like to acknowledge all the students who volunteered in the month of February:

Aiden Ramos
Andrew Shepperd
Collin McGowen
Courtney Sutter
Grant Luckstead
Grey Lacy
Griffin White
Harper Jackson
Josh Hathaway
Joy Theisen
Karis Hathaway
Madelyn Budaus
Tyler Madara
Wilke Lacy

All volunteers are not only earning credits needed for their black belt, they are also entered in a drawing for \$20 Karate Kash!! Your name is entered every time you volunteer, so your odds of winning increase the more you help!

**OUR FEBRUARY WINNER IS:** 

# COURTNEY SUTTER



### **COMING SOON.....**

We are planning some exciting gettogethers in the near future to include cook outs, fishing, camping and more! Stay tuned for details in the next few weeks!!

#### **Private lessons:**

Many students request private lessons with one of our instructors or eligible students.



Private lessons allow stu-

dents to focus with an instructor on areas of training in which they are most interested, or areas where they just need a little extra help! They can be scheduled Monday -Thursday before 3:00pm or anytime Saturday (depending on the instructor's schedule). All private lessons must be requested through Angela, the Office Manager.

Beginning April 1st - The rates are as follows:

Sabumnim \$75 for 1 hour

\$60 for 45 minutes

Mr. Holcomb \$60 for 1 hour

\$45 for 45 minutes

Mr. Greg \$45 for 1 hour

\$35 for 45 minutes

Please be aware that Karate Works will not be liable for any injuries that may occur from private lessons or training that takes place outside of the studio. If you are interested in scheduling a private lesson, see Mrs. Angela for openings!

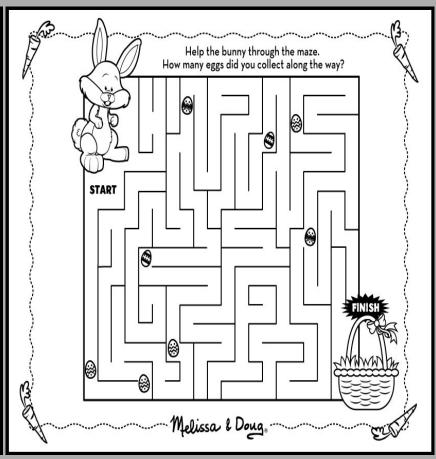
#### Stranger Danger - Continued from Page 1

"Stranger Danger", tips and strategies.

Additionally, the following are important tips and strategies for children to protect themselves:

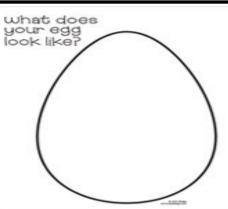
- \* Know your name, address, and phone number.
- \* Use the buddy system avoid walking anywhere alone.
- \* Trust your instincts if you feel you are being followed or something is not right, seek help immediately.
- \* If a stranger approaches you, you do not have to speak to him or her. Never approach a stranger in a motor vehicle. Just keep walking. Do not accept candy or any other items from a stranger. Never walk off with a stranger no matter what he or she tells you.
- \* If someone is following you try to remember the license plate of his or her vehicle and immediately tell a trusted adult.
- If a stranger grabs you, do everything you can to stop him or her from pulling you away or dragging you into his or her car. Drop to the ground, kick, hit, bite, and scream. Do whatever it takes to attract the attention of others who can help you. If someone is dragging you away, scream, "this is not my dad," or "this is not my mom."













## INCREASE YOUR FACE VALUE

A little smile adds a great deal to your face value. Have you noticed recently how many people smile when they look at you, or say "hello"? It's amazing how different we feel when we see someone who smiles rather than someone who doesn't smile, or worse, continually looks down at the ground. A good smile says a lot about you and how you feel about yourself. As martial artists, we want to show our confidence and sincere interest in others. Do you smile a lot at others? How does it make you feel? I'll bet that almost every time you smile, you get one in return! Add some real face value to your looks today - smile at everyone you meet!

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		A	R			
			2	3	4	5
6	7	8	9	10	ARCHERY (LAZZ 6-9 PM	Saturday Shoot 9am-12pm (Must have attended 1 archery class first)
Daylight Savings  Time to Spring Ahead	Happy Day	15 Ping Br	16 eak CLO8	17 St. Patricks Day!  SED Merical	18 Bh-18&h	19
20 Palm Sunday	21	22	23	24	25  Cood Friday  STUDIO OPEN	26
27 Haffyy Saster	G.		30 ENTS AT APRIL 1			

Madison M.	3/1
Sarah E.	3/1
Patrick H.	3/1
Beckett W.	3/2
Junior H.	3/3
Lyla D.	3/4
Connor G.	3/5
Sammi S.	3/6
Samuel H.	3/9
Reagan J.	3/10
Josh H.	3/14



Austin S. Andrew S. Elishah M. Jayson R. Grey C. Chloe T.	3/15 3/16 3/16 3/18 3/20 3/25
William L. Dane S. Koen F. Quinn K. Ashlyn M.	3/25 3/26 3/27 3/31 3/31